

SPORT CENTRE

List of Courses Offered for University of Malaya Student Exchange (UMSEP) for the 2017/2018 Academic Session

BACHELOR OF SPORTS SCIENCE (SCIENCE EXERCISE)

No	Course Code	Topic	Pre-requisite	Credit	Courses Offered			Course Description	Other Description	Capacity
					Please tick (✓) where applicable					
					Semester I	Semester II	Special Semester			
1.	VHEE1101	Foundation in Exercise Science	none	4	✓	-	-	This course provides the basic understanding of various scientific disciplines of Exercise Science. Students will be exposed to the fundamentals of exercise. The focus of this discipline in improving physical performance will be discussed.	none	10
2.	VHEE2105	Weight Training in Sport	none	4	-	✓	-	This course will introduce students to the principles of weight training and preparation of weight training programs. Practical sessions are also included so that students can master the various types of weight training and apply them in demonstration sessions.	none	10

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BACHELOR OF SPORT MANAGEMENT SCIENCE

No	Course Code	Topic	Pre-requisite	Credit	Courses Offered			Course Description	Other Description	Capacity
					Please tick (√) where applicable					
					Semester I	Semester II	Special Semester			
1.	VIX1001	History and Philosophy of Sport	none	3	√	-	-	In the early stage of course, students will be exposed to basic concepts related to history and philosophy of sport that are inherent in the modern western sport including Olympic idealism and domestic traditional sport practice. In the following stages, students will discuss local sport structure and sport organizations in Malaysia as well as explain the roles of social institutions, politics, and economy that affect sporting life in Malaysia since the 15th century. The discussion on the blending of "Western" and "Malaysian" sport culture will be included.	none	10
2.	VIA1004	Sport Sociology	none	3	-	√	-	This course assesses sport in the society and discusses socio-cultural issues such as equity. The topics of discussion will revolve around issues related to structures, functions and sport organizations in modern Malaysian society.	none	10

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