

SPORTS CENTRE

List of Courses Offered for University of Malaya Student Exchange (UMSEP) for 2018/2019 Academic Session

No.	Course Code	Topic	Pre-Requisite	Credit	Course Offered		Course Description
					Semester I	Semester II	
BACHELOR OF SPORT MANAGEMENT SCIENCE							
1	VIX1001	History and Philosophy of Sport	No	3	√		In the early stage of course, students will be exposed to the basic concepts related to history and philosophy of sport that are inherent in the modern western sport including Olympic idealism and domestic traditional sport practice. In the following stages, students will discuss local sport structure and sports organization in Malaysia as well as explain the roles of social institutions, politics and economy that affect sporting life in Malaysia since the 15th century. The discussion of the blending of 'Western' and 'Malaysian' sport culture will be included.
2	VIA1004	Sport Sociology	No	3		√	This course assesses sport in the society and discusses socio-cultural issues such as equity. The topics of discussion will revolve around issues related to structures, functions and sport organization in modern Malaysian society.
3	GIV1001	History and Sociology of Sport	No	2		√	Students will be exposed to the history of sport that involves the Ancient Olympics and sport in ancient civilizations, They will learn about the philosophy and idealism of the Modern Olympics. This course will discuss on sport in society, which encompasses issues on socio-cultural and equality problems on sport in Malaysia and abroad.
BACHELOR OF SPORT SCIENCE (EXERCISE SCIENCE)							
1	VHEE1101	Foundation in Exercise Science	No	4	√		This course provides the basic understanding of various scientific disciplines of Exercise Science. Students will be exposed to the fundamentals of exercise. The focus of this discipline in improving physical performance will be discussed.
2	VHEE2105	Weight Training in Sport	No	4		√	This course will introduce students to the principles of weight training and preparation of weight training programs. Practical sessions are also included so that students can master the various types of weight training and apply them in demonstration sessions.
3	GIV1002	Exercise Science for the General Population	No	2		√	This course provides the basic understanding of various scientific disciplines of Exercise Science. Students will be exposed to the different exercises and activities that could possibly improve health, fitness and physical performance.